



Creatinine and Chronic Kidney Disease

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JCTLM Members and Stakeholders Meeting, Dec 4th 2013

Outline

- Kidney Function
- Kidney Disease
- Diagnosis / monitoring
 - Evidence
 - Implementation
- Role of GFR
- Role of creatinine

Functions of the Kidney

- Waste removal / homeostasis
 - Water
 - Electrolytes / hydrogen ions
 - Nitrogen
- Endocrine
 - Vitamin D 1-hydroxylation
 - Erythropoietin
 - Renin
- Drug removal
- Metabolic

Functions of the Kidney

- Waste removal / homeostasis
 - Water – **fluid overload***
 - Electrolytes / hydrogen ions – **acidosis***
 - Nitrogen – **azotaemia***, **f**
 - Endocrine
 - Vitamin D 1-hydroxylase – **hypocalcaemia***
 - Erythropoietin – **anemia***
 - Renin
 - Drug excretion – **drug toxicity**
 - Metabolic
- * laboratory diagnosis

Not Used For Diagnosis

Table 10. Stages of Chronic Kidney Disease

Stage	Description	GFR (mL/min/1.73 m²)
1	Kidney damage with normal or ↑ GFR	≥90
2	Kidney damage with mild ↓ GFR	60–89
3	Moderate ↓ GFR	30–59
4	Severe ↓ GFR	15–29
5	Kidney failure	<15 (or dialysis)

Chronic kidney disease is defined as either kidney damage or GFR <60 mL/min/1.73 m² for ≥3 months.

K/DOQI 2002 (USA)

International Guidelines



**KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of
Chronic Kidney Disease**

**Prognosis of CKD by GFR
and Albuminuria Categories:
KDIGO 2012**

Persistent albuminuria categories Description and range		
A1	A2	A3
Normal to mildly increased	Moderately increased	Severely increased
<30 mg/g <3 mg/mmol	30-300 mg/g 3-30 mg/mmol	>300 mg/g >30 mg/mmol

GFR categories (ml/min/1.73 m ²) Description and range	G1	Normal or high	≥90			
	G2	Mildly decreased	60-89			
	G3a	Mildly to moderately decreased	45-59			
	G3b	Moderately to severely decreased	30-44			
	G4	Severely decreased	15-29			
	G5	Kidney failure	<15			

markers of kidney disease, no CKD); Yellow: moderately increased risk; Orange: high risk; Red, very high risk.

GFR Grading (mL/min/1.73m²)

Code Terminology Definition

**GFR categories (mL/min/ 1.73 m²)
Description and range**

G1	Normal or high	≥90	Green
G2	Mildly decreased	60-89	Green
G3a	Mildly to moderately decreased	45-59	Yellow
G3b	Moderately to severely decreased	30-44	Orange
G4	Severely decreased	15-29	Red
G5	Kidney failure	<15	Red

Laboratory
diagnosis

Albuminuria grading

Persistent albuminuria categories Description and range

A1

A2

A3

Code

Normal to
mildly
increased

Moderately
increased

Severely
increased

Terminology

<30 mg/g
<3 mg/mmol

30-300 mg/g
3-30 mg/mmol

>300 mg/g
>30 mg/mmol

Definition

**Laboratory
diagnosis**

“Heat Map”

		A1	A2	A3
		<30 mg/g <3 mg/mmol	30-300 mg/g 3-30 mg/mmol	>300 mg/g >30 mg/mmol
G1	≥90			G1A3
G2	45-89			
G3a	15-44			
G3b	30-44			
G4	15-29			
G5	<15		G5A2	

Laboratory diagnosis

Diagnosis and Classification

- Global uniformity
- Clinical Trials
- Prevalence data

Risk prediction

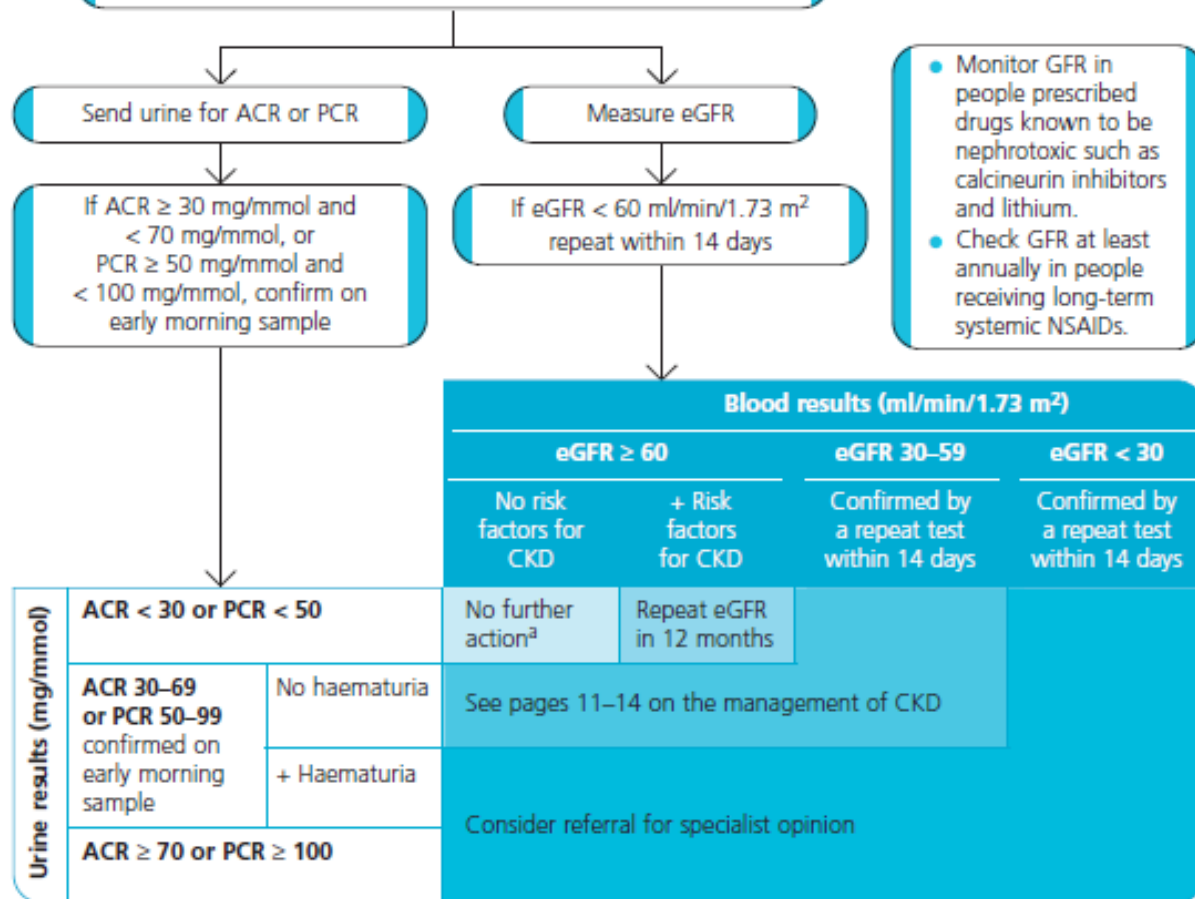
- None: none
- Yellow: moderately increased
- Orange: high
- Red: very high

Management plans

People with CKD without diabetes

Identify early

- Offer CKD testing to people with the following risk factors (excluding diabetes):
 - hypertension
 - cardiovascular disease
 - structural renal tract disease, renal calculi or prostatic hypertrophy
 - multisystem diseases with potential kidney involvement – for example, systemic lupus erythematosus
 - family history of stage 5 CKD or hereditary kidney disease
 - opportunistic detection of haematuria or proteinuria.
- If none of the above, do not use age, gender or ethnicity as risk markers.



Offer kidney check tests to people with the following indications:

- Smoker
- Diabetes
- Hypertension
- Obesity
- Established cardiovascular disease
- Family history of CKD
- Aboriginal or Torres Strait Islander origin

No

Kidney check tests not recommended

Yes



If neither UACR nor eGFR are abnormal repeat kidney check tests in 1–2 years (annually if hypertension or diabetes present)

eGFR < 60 mL/min/1.73m²

Elevated UACR (males >2.5mg/mmol, females >3.5mg/mmol)

Repeat eGFR within 14 days

Repeat UACR twice within next 3 months (preferably first morning void)

Possible acute kidney injury. Discuss with nephrologist

≥20% reduction in eGFR

Stable reduced eGFR

Repeat eGFR again within 3 months

Minimum three reduced eGFRs present for ≥3 months

Minimum two out of three elevated UACRs present for ≥3 months

Position statement

Chronic kidney disease and measurement of albuminuria or proteinuria: a position statement

Kidney function stage	GFR (mL/min/1.73m ²)	Albuminuria stage		
		Normal (UACR, mg/mmol male: <2.5 female: <3.5)	Microalbuminuria (UACR, mg/mmol male: 2.5–25 female: 3.5–35)	Macroalbuminuria (UACR, mg/mmol male: >25 female: >35)
1	≥90	Not CKD unless haematuria, structural or pathological abnormalities present		
2	60–89			
3a	45–59			
3b	30–44			
4	15–29			
5	<15 or on dialysis			

Combine eGFR stage (1–5), albuminuria stage and underlying diagnosis to fully specify CKD stage (eg stage 2 CKD with microalbuminuria secondary to diabetic kidney disease).

Refer to colour-coded action plans in *Chronic kidney disease (CKD) management in general practice*, 2nd ed. Kidney Health Australia, 2012

Red Clinical Action Plan

Macroalbuminuria irrespective of eGFR or eGFR <30 mL/min/1.73m² irrespective of albuminuria

Goals of management

- appropriate referral to a Nephrologist when indicated (see Page 18)
- prepare for dialysis or pre-emptive transplant if eGFR <30 mL/min/1.73m²
- discuss advanced care directive if dialysis inappropriate
- reduce progression of kidney disease
- reduce CVD risk
- early detection and management of complications (see Page 25-33)
- avoidance of nephrotoxic medications (see Page 19)
- adjustment of medication doses to levels appropriate for kidney function (see Page 19)
- multidisciplinary team involvement (see Page 34)

Monitoring

- 1-3 monthly clinical review
- clinical assessment
 - blood pressure
 - weight
 - oedema
- laboratory assessment
 - urine ACR
 - biochemical profile including urea, creatinine and electrolytes
 - eGFR
 - HbA1c (for people with diabetes)
 - fasting lipids
 - full blood count (if anaemic see Page 30)
 - calcium and phosphate
 - parathyroid hormone
 - advanced care planning

Absolute cardiovascular risk assessment

- People with moderate or severe CKD (defined as persistently having a urine ACR >25 mg/mmol (males) or >35 mg/mmol (females) or eGFR <45 mL/min/1.73m²) are considered to be at the highest risk of a cardiovascular event and do not need to be assessed by the cardiovascular risk tool.
- For these groups, identifying all cardiovascular risk factors present will enable intensive management by lifestyle interventions (for all patients) and pharmacological interventions (where indicated).

Orange Clinical Action Plan

eGFR 30-59 mL/min/1.73m² with mikroalbuminuria or eGFR 30-44 mL/min/1.73m² with normoalbuminuria

Goals of management

- Investigations to exclude treatable disease (see Page 18)
- reduce progression of kidney disease
- reduce CVD risk
- early detection and management of complications (see Page 25-33)
- avoidance of nephrotoxic medications (see Page 19)
- adjustment of medication doses to levels appropriate for kidney function (see Page 19)
- appropriate referral to a Nephrologist

Monitoring

- 3-6 monthly clinical review
- clinical assessment
 - blood pressure
 - weight
- laboratory assessment
 - urine ACR
 - biochemical profile including urea, creatinine and electrolytes
 - eGFR
 - HbA1c (for people with diabetes)
 - fasting lipids
 - full blood count
 - calcium and phosphate
 - parathyroid hormone

Absolute cardiovascular risk assessment

- People with moderate or severe CKD (defined as persistently having a urine ACR >25 mg/mmol (males) or >35 mg/mmol (females) or eGFR <45 mL/min/1.73m²) are considered to be at the highest risk of a cardiovascular event and do not need to be assessed by the cardiovascular risk tool.
- For these groups, identifying all cardiovascular risk factors present will enable intensive management by lifestyle interventions (for all patients) and pharmacological interventions (where indicated).

See also lifestyle modification, blood pressure reduction, lipid-lowering treatment per Yellow Action Plan.

Yellow Clinical Action Plan

eGFR ≥60 mL/min/1.73m² with mikroalbuminuria or eGFR 45-59 mL/min/1.73m² with normoalbuminuria

Goals of management

- Investigations to exclude treatable disease (see Page 18)
- assessment of absolute cardiovascular risk (see Page 25-33)
- reduce CVD risk
- avoidance of nephrotoxic medications (see Page 19)

Monitoring

- 12 monthly clinical review
- clinical assessment
 - blood pressure
 - weight
- laboratory assessment
 - urine ACR
 - biochemical profile including urea, creatinine and electrolytes
 - eGFR
 - HbA1c (for people with diabetes)
 - fasting lipids

Absolute cardiovascular risk assessment

- The presence of CKD (defined as persistently having a urine ACR >25 mg/mmol (males) or >35 mg/mmol (females) or eGFR <45 mL/min/1.73m²) in all adults aged 45+ (including Aboriginal and Torres Strait Islander peoples) is a major risk factor (see NVDPP).
- Provide lifestyle interventions on the patient's risk profile and refer to specialist services for intensive management (where indicated).

Lifestyle modification

- Lifestyle modification (including physical activity, diet, smoking cessation, alcohol consumption) to reduce overall cardiovascular risk (see Page 25-33)
- Refer to specialist services for intensive management (where indicated).



API

The Association of Physicians of India

Chronic Kidney Disease A Global Challenge

Ilangovan Veerappan, et al.

Chronic diseases have become a leading cause of death in India and other low- and middle-income countries. Chronic diseases account for 60% of all deaths worldwide. In India, the number of people with chronic kidney disease (CKD) rose to 7.63 million in 2020 (66.7 million in 2010).

CHRONIC KIDNEY DISEASE: A GLOBAL HEALTH PROBLEM

Chronic kidney disease (CKD) is a global health problem.

Composite ranking for relative risks by GFR and albuminuria (KDIGO 2009)

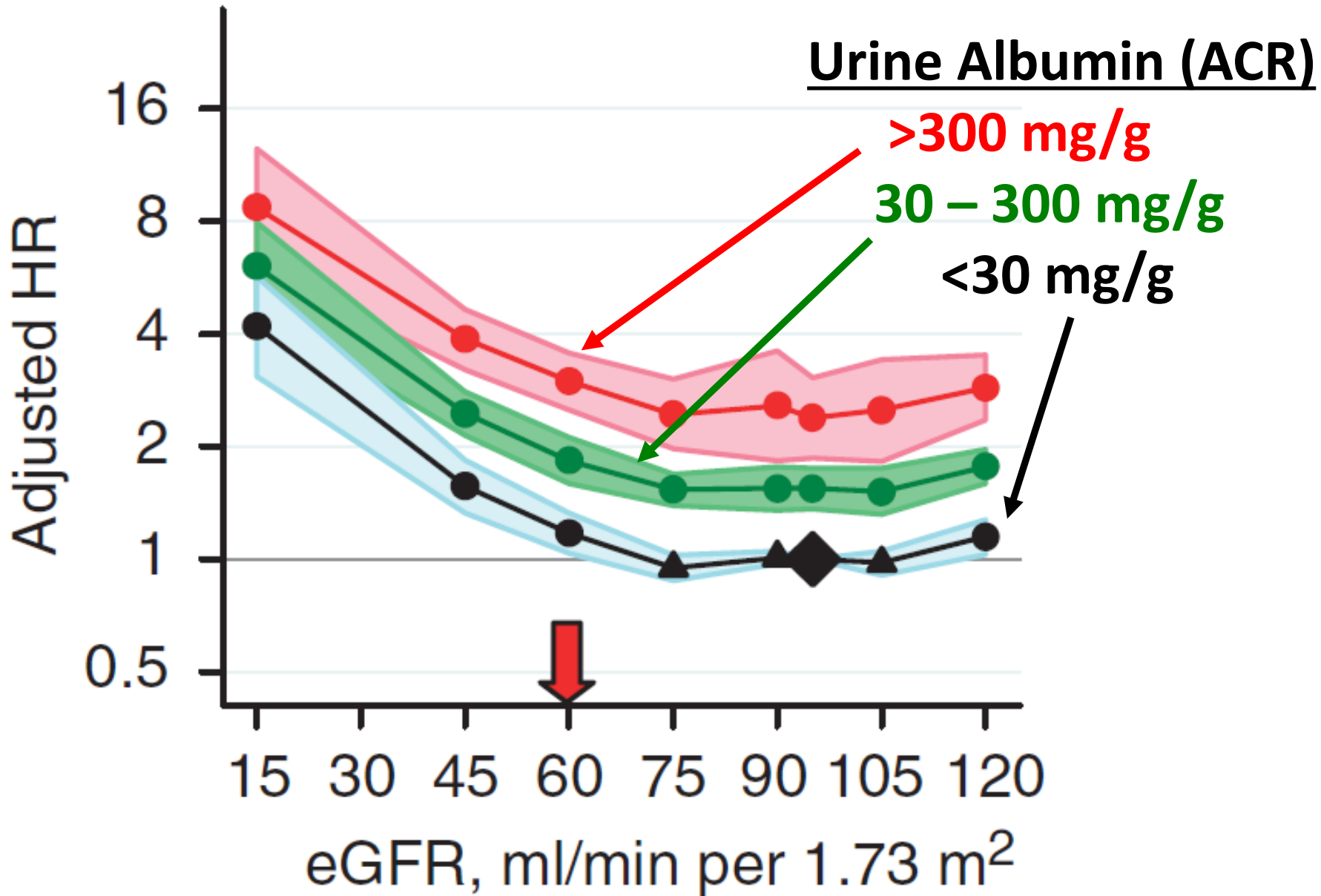
				Albuminuria stages, description and range (mg/g)				
				A1		A2	A3	
GFR stages, description and range (mL/min Per 1.73 m ²)				Optimal and high-normal		High	Very high and nephrotic	
				< 10	10–29	30–299	300–1999	≥ 2000
G1	High and optimal	> 105	Blue	Blue	White	Dark Grey	Light Green	
		90–104	Blue	Blue	White	Dark Grey	Light Green	
G2	Mild	75–89	Blue	Blue	White	Dark Grey	Light Green	
		60–74	Blue	Blue	White	Dark Grey	Light Green	
G3a	Mid-moderate	45–59	White	White	Dark Grey	Light Green	Light Green	
G3b	Moderate-severe	30–44	Dark Grey	Dark Grey	Light Green	Light Green	Light Green	
G4	Severe	15–29	Light Green	Light Green	Light Green	Light Green	Light Green	
G5	Kidney failure	< 15	Light Green	Light Green	Light Green	Light Green	Light Green	

The definition, classification and prognosis of chronic kidney disease: a KDIGO Controversies Conference report

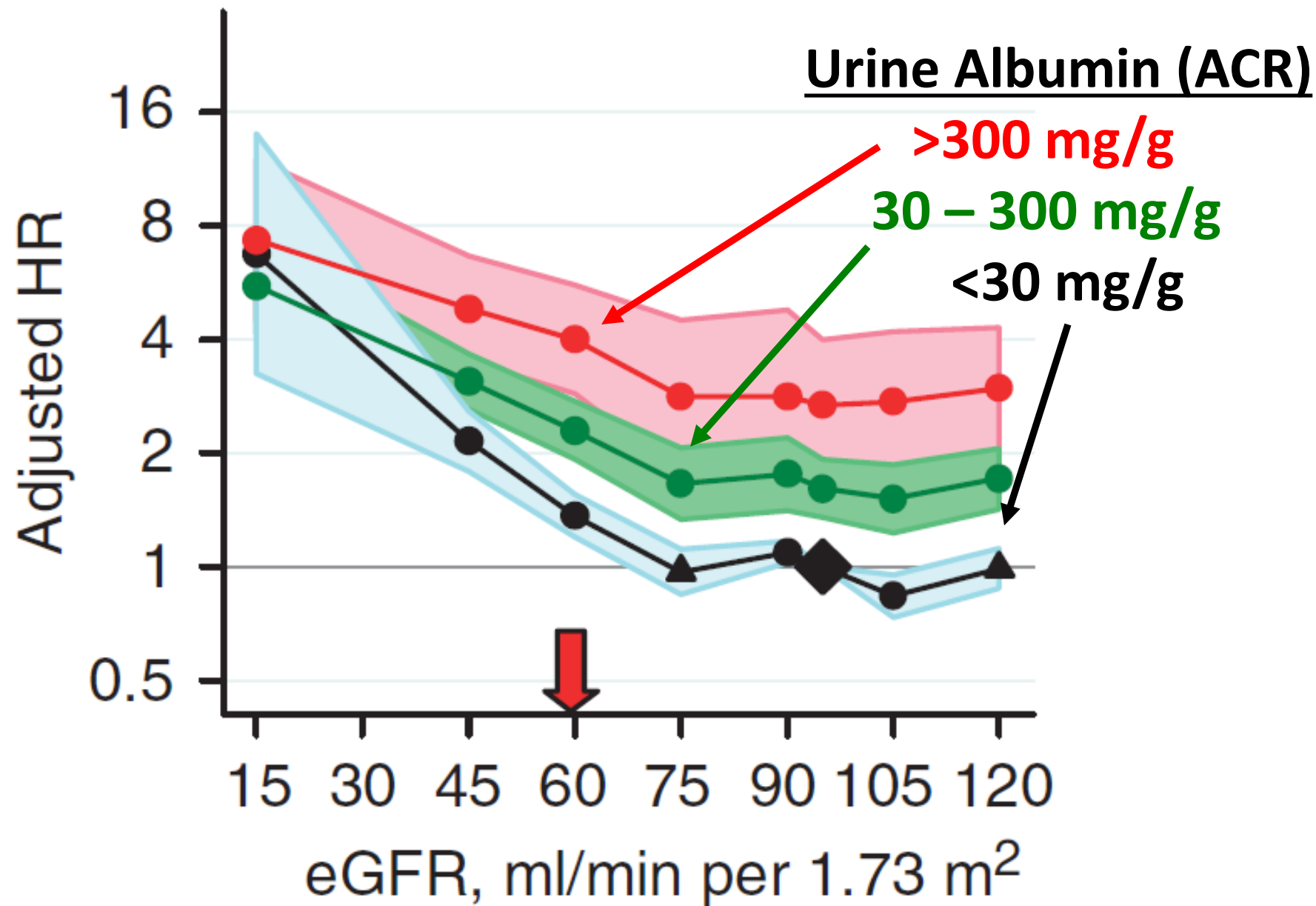
Andrew S. Levey¹, Paul E. de Jong², Josef Coresh³, Meguid El Nahas⁴, Brad C. Astor³, Kunihiro Matsushita³, Ron T. Gansevoort², Bertram L. Kasiske⁵ and Kai-Uwe Eckardt⁶

- Collaborative meta-analysis and Controversies Conference in October 2009.
- 45 cohorts that included 1,555,332 participants from general, high-risk, and kidney disease populations.

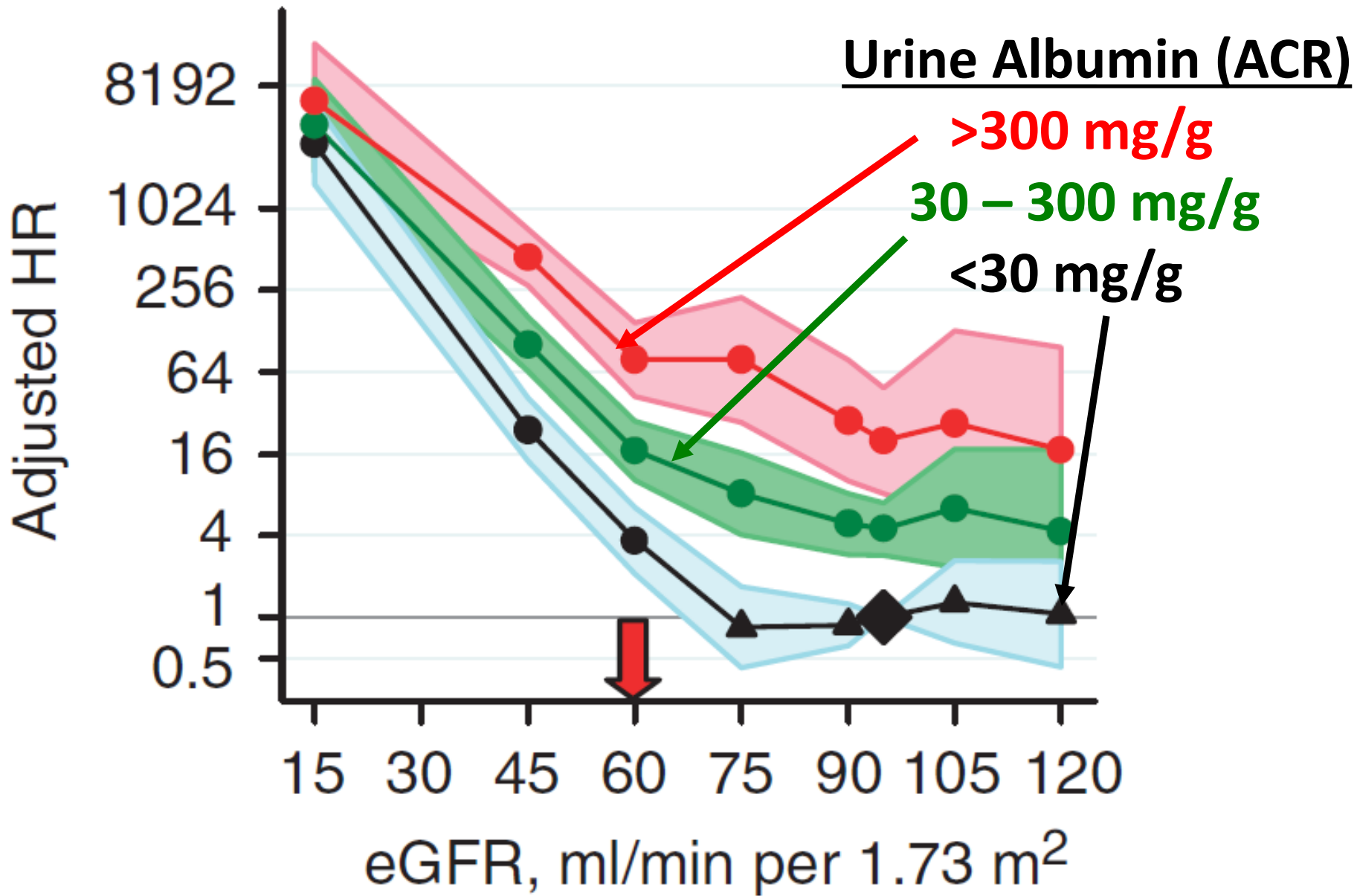
All-cause mortality



Cardiovascular mortality



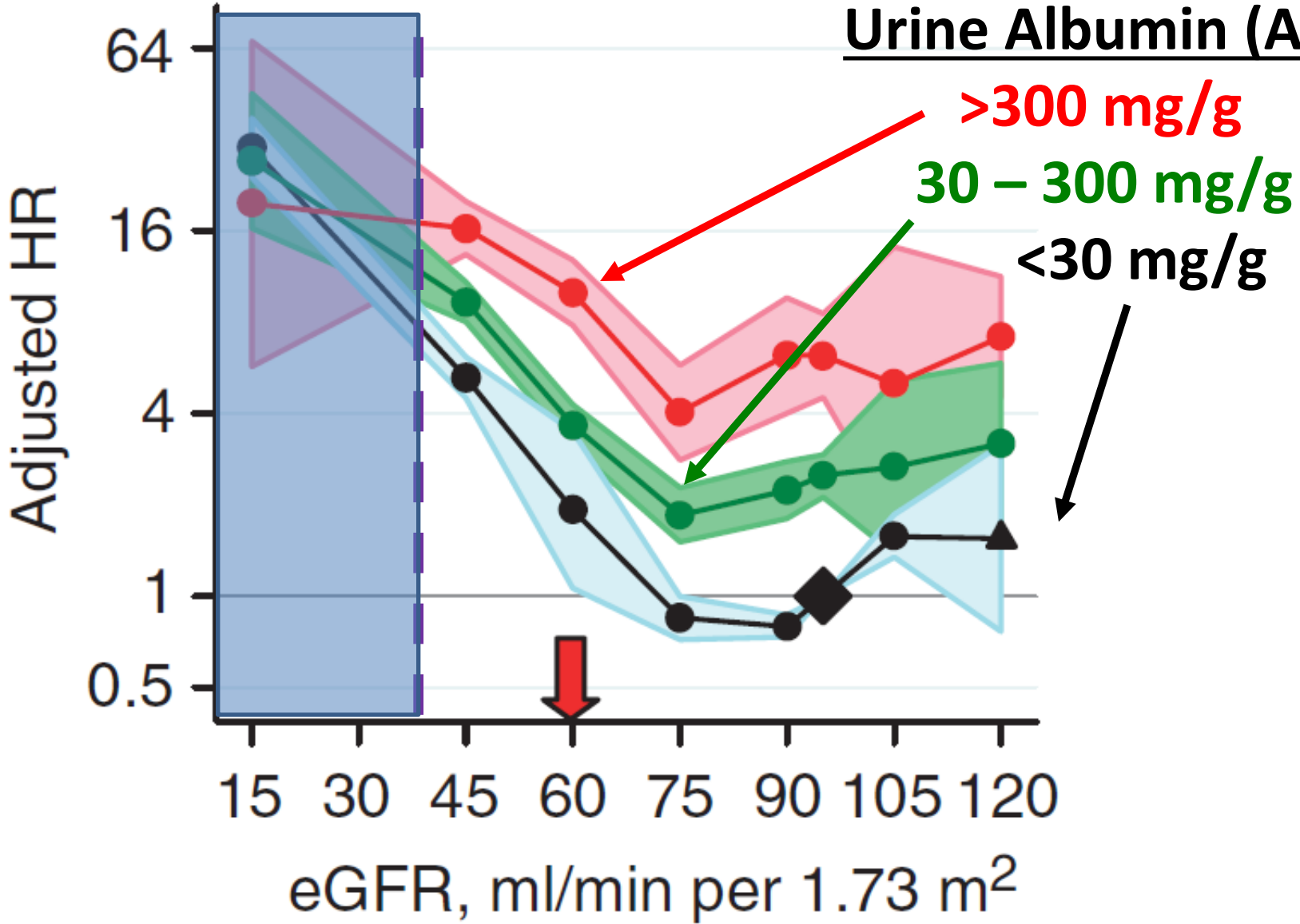
End stage renal disease



Symptoms

the kidney injury

Urine Albumin (ACR)

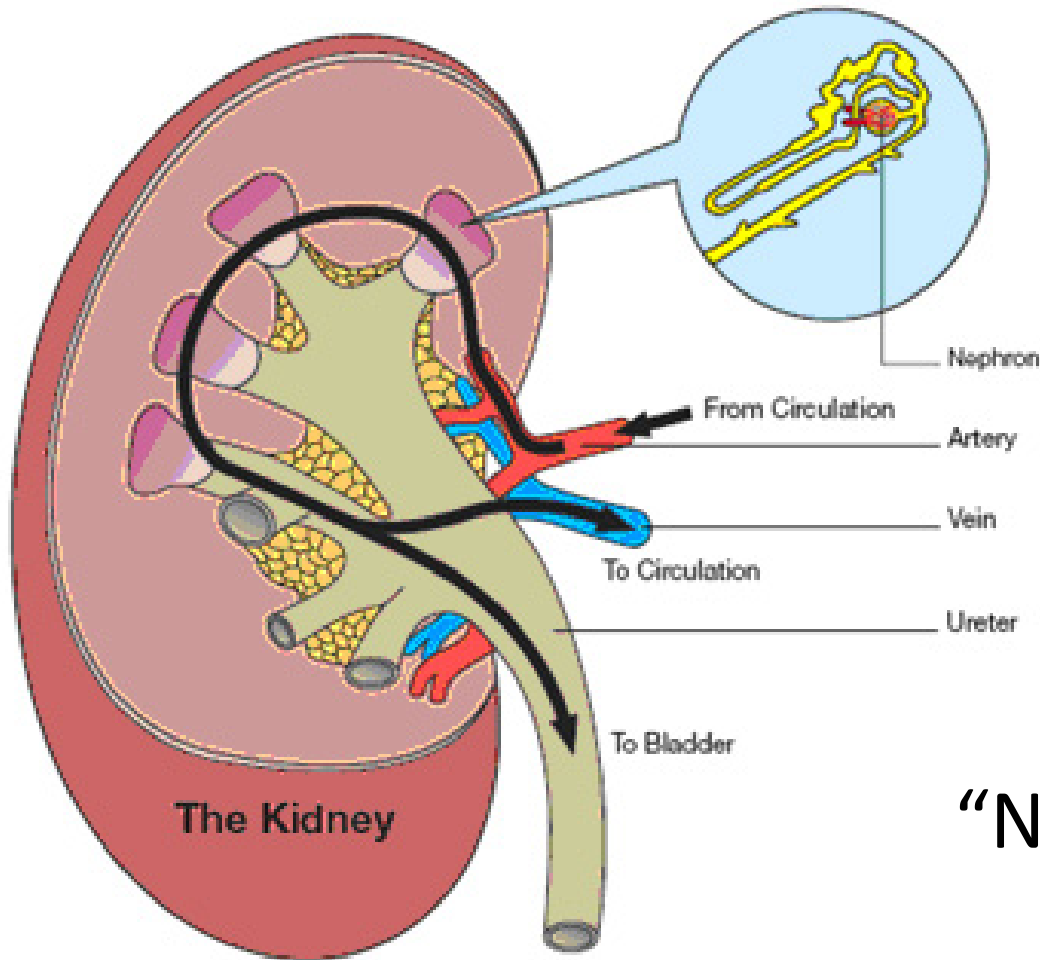


Glomerular Filtration Rate

GFR

- Methods
- Creatinine
- eGFR equations (estimated GFR)
- Other factors

Glomerular Filtration Rate



Amount of fluid passing through the 2 million glomeruli in a fixed period of time

“Normal” >90 mL/min
(130 L/day)

Measuring GFR

- Formal GFR measurement
- Creatinine alone
- Creatinine Clearance
- Cockcroft and Gault formula
- eGFR (MDRD, CKD-EPI)
- Other Markers (eg Cystatin C)

Formal Measurement of GFR

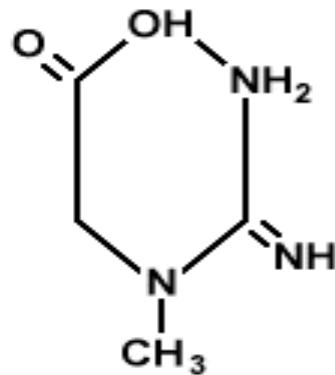
- Inulin
- Cr⁵¹-EDTA, I¹²⁵-iothalamate, Tc⁹⁹-DTPA, iohexol
- Intravenous injection of substrate
- Measure in blood and or urine at various times
- Calculate clearance as estimate of GFR
- *Basis for assessing all other methods*
- **But:**
 - time consuming, expensive, radiolabels
 - Less commonly available
 - ***Variable quality!!!***

Tools for GFR estimation

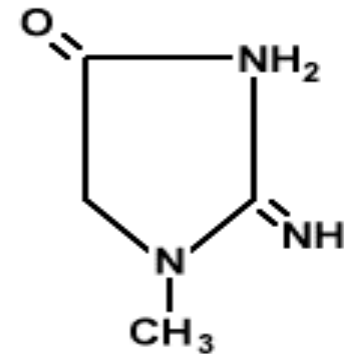
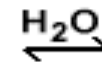
- Creatinine alone
 - **S creatinine**
- Creatinine Clearance
 - **S creatinine, 24 hour urine creatinine**
- Cockcroft and Gault formula
 - **S creatinine, age, sex, weight**
- MDRD, CKD-EPI (eGFR)
 - **S creatinine, age, sex, (race)**

Creatinine

- Small nitrogen-containing compound (MW 113)
- Formed spontaneously from creatine in muscle at a (fairly) constant rate
- Largely removed from the blood by renal filtration



Creatine



Creatinine

Creatinine Measurements

Creatinine Measurement

- Jaffe Methodss
 - Chemistry described in 1896!
 - Non-specific
 - Interferences (non-creatinine chromogens)
 - Multiple formats
 - Reagent concentrations, pH
 - Read frame, temperature, detergents
 - End-point, rate, rate-blanked, protein precipitation
 - Standardisation issues
 - Need commutable calibrators or “adjustment”
- Cheap, very widely used

Creatinine Measurement

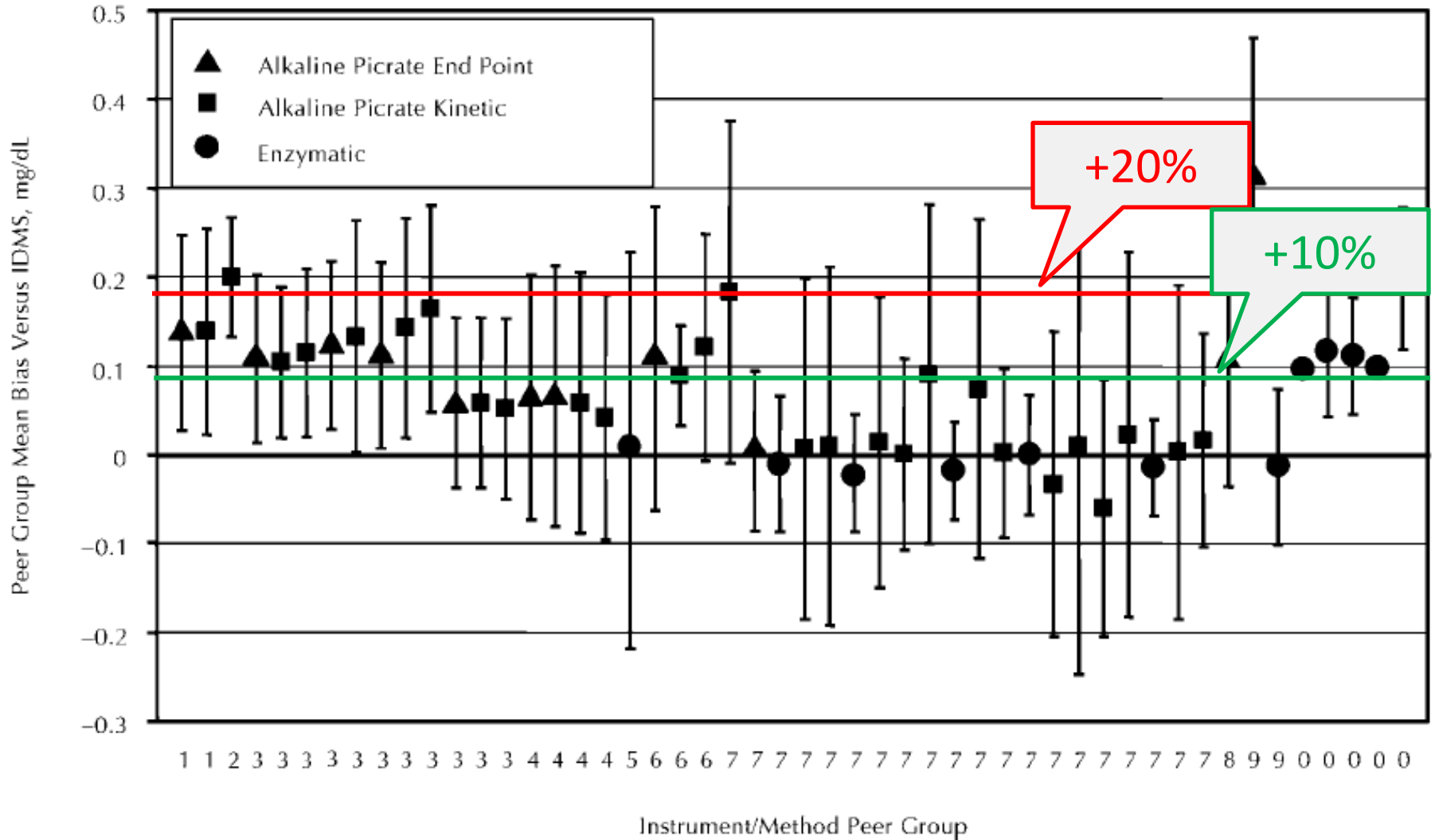
- Enzymatic assays
 - More specific, easier to standardise
 - Different enzymes and formats
 - Readily commercially available
 - More expensive
- HPLC (research)
- Fullers earth (historical)
- IDMS (JCTLM-listed)
- **Mid 2000's – results highly variable!**

Creatinine Measurement

State of the Art in Accuracy and Interlaboratory Harmonization

Arch Pathol Lab Med. 2005;129:297-304

W. Greg Miller, PhD; Gary L. Myers, PhD; Edward R. Ashwood, MD; Anthony A. Killen, MD, PhD; Edward Wang, PhD;
Linda M. Thienpont, PhD; Lothar Siekmann, PhD



1, is Abbott; 2, Bayer; 3, Beckman Coulter; 4, Dade Behring; 5, Nova; 6, Olympus; 7, Roche; 8, Schiapparelli; 9, Toshiba; and 0, Vitros.

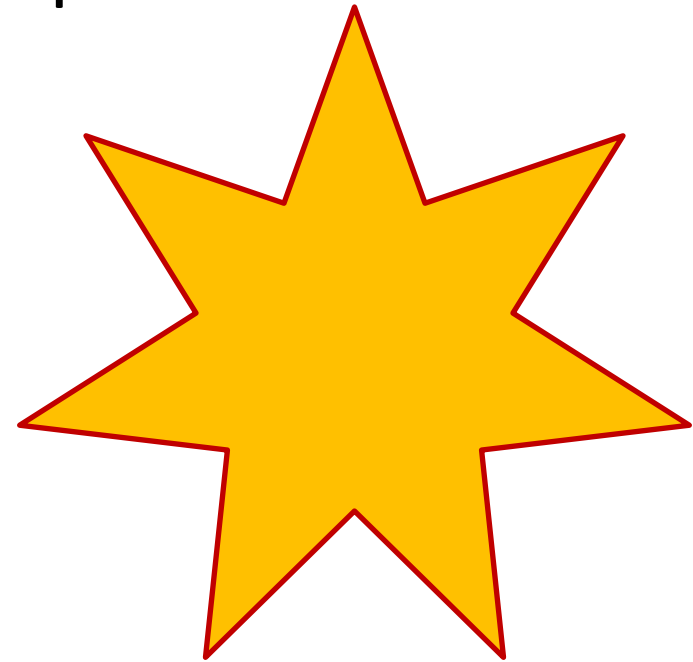
0.9 mg/dL (80 $\mu\text{mol/L}$)

Creatinine Standardisation

- **Without standardisation:**
- **Cannot** reliably compare results from:
 - Different labs
 - With clinical guidelines
 - With literature references
 - Or get the same results from GFR formulae

NKDEP

- National Kidney Disease Education Program
- Laboratory Working Group
 - Clinicians
 - Laboratorians
 - Metrologists
 - Manufacturers



Clinicians

- Confirmed clinical need
- Provided motivation (customers)
 - Laboratories
 - Manufacturers
- Contributed to analytical requirements
- Linked testing to interpretation



Recommendations for Improving Serum Creatinine Measurement: A Report from the Laboratory Working Group of the National Kidney Disease Education Program

GARY L. MYERS,^{1*} W. GREG MILLER,² JOSEF CORESH,³ JAMES FLEMING,⁴ NEIL GREENBERG,⁵
TOM GREENE,⁶ THOMAS HOSTETTER,⁷ ANDREW S. LEVEY,⁸ MAURO PANTEGHINI,⁹
MICHAEL WELCH,¹⁰ and JOHN H. ECKFELDT¹¹ for the
NATIONAL KIDNEY DISEASE EDUCATION PROGRAM LABORATORY WORKING GROUP

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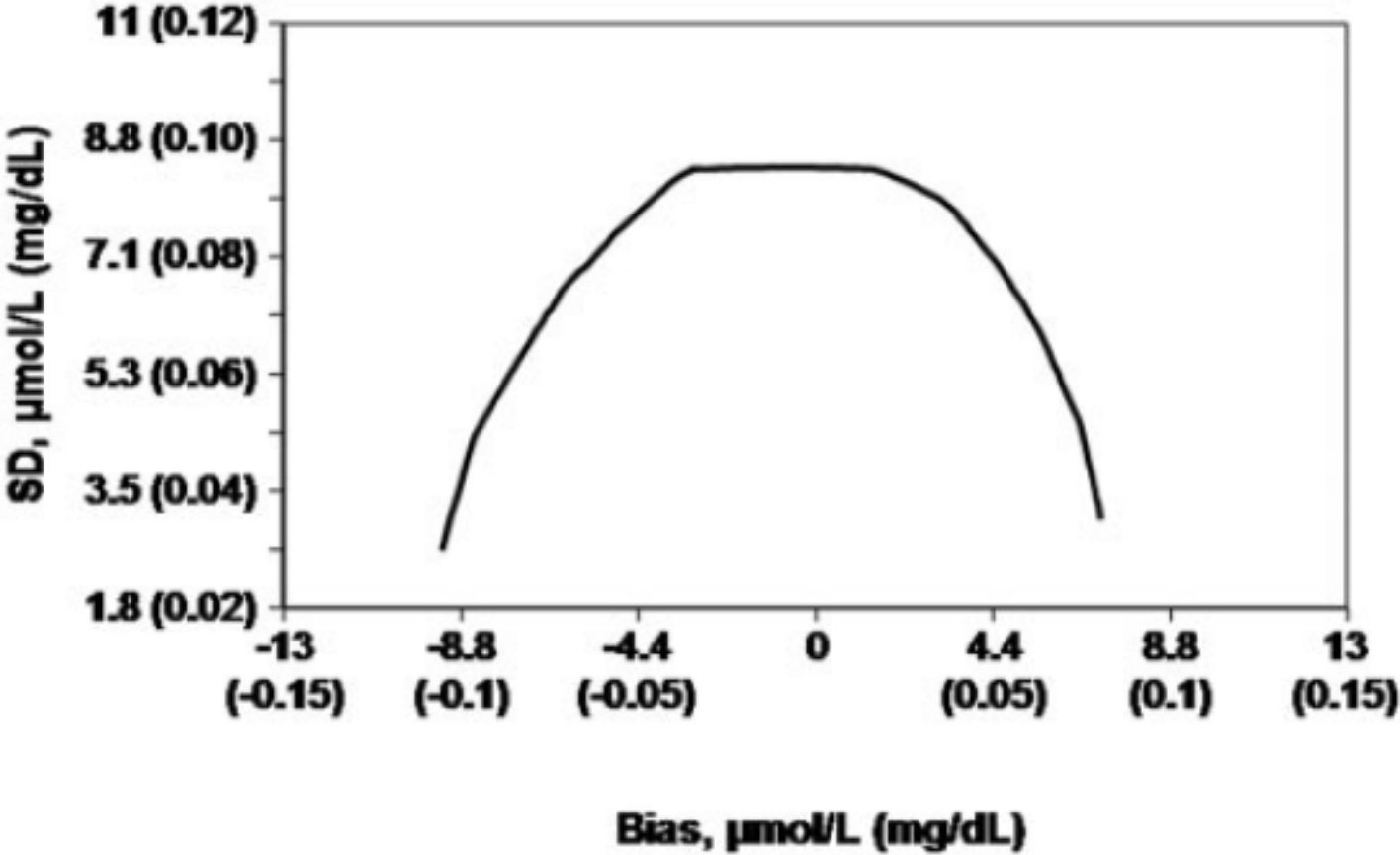


Fig. 3. Total error budget for creatinine measurements in the range 88.4–133 $\mu\text{mol/L}$ (1.00–1.50 mg/dL).

Results of the search for higher-order reference materials

↳ JCTLM Database

- [SURVEY FORM](#)
- [List of reference materials no longer listed in the JCTLM Database](#) 
- [List of reference measurement methods no longer listed in the JCTLM database](#) 
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↳ CALL FOR NOMINATIONS

- [JCTLM reference materials, measurement methods and laboratory services - Submission deadline extended to 31 May 2013](#)

↳ JCTLM

- [Overview](#) 
- [Joint Committee for Traceability in Laboratory Medicine \(JCTLM\)](#)

➔ **Your search criteria:** Higher-order reference materials; Analyte: creatinine; Analyte category: -; Matrix category: -

↳ Results of the search

Your search criteria produced 7 summary results.

Select one or several higher-order reference material summary descriptions amongst the following list and click on 'View' to access more information.

➤ [Select all items from the list](#)



Sort by : Analyte Matrix/Material Organization

Select	Analyte	Analyte category	Matrix/Material	Organization
<input type="checkbox"/>	creatinine	metabolites and substrates	creatinine crystalline material	NIST
<input type="checkbox"/>	creatinine	metabolites and substrates	creatinine crystalline material	NMIJ
<input type="checkbox"/>	creatinine	metabolites and substrates	frozen human serum	CENAM
<input type="checkbox"/>	creatinine	metabolites and substrates	frozen human serum	NIST
<input type="checkbox"/>	creatinine	metabolites and substrates	human serum	IRMM
<input type="checkbox"/>	creatinine	metabolites and substrates	human serum	LGC
<input type="checkbox"/>	creatinine	metabolites and substrates	human serum	NIST

RM: Pure – 3, matrix matched - 4

Result of the search for reference measurement methods/procedures

↘ JCTLM Database

- ➔ [SURVEY FORM](#)
- ➔ [List of reference materials no longer listed in the JCTLM Database](#) 
- ➔ [List of reference measurement methods no longer listed in the JCTLM database](#) 
- ➔ [Contact us](#)
- ➔ [Back to Search Form](#)

↘ CALL FOR NOMINATIONS

- ➔ [JCTLM reference materials, measurement methods and laboratory services - Submission deadline extended to 31 May 2013](#)

➔ **Your search criteria:** Reference measurement methods/procedures; Analyte: creatinine; Analyte category: -; Matrix category: -

↘ Results of the search

Your search criteria produced 4 results.

For more information on a reference measurement method/procedure for a given Analyte/Matrix (or Material)/Measurement principle (or technique) combination, select one or more of the options below.

➔ [Select all items from the list](#)

Sort by : Analyte Measurement principle/technique Matrix/Material


Select	Analyte	Measurement principle/technique	Matrix/Material
<input type="checkbox"/>	creatinine	Isotope dilution mass spectrometry	blood plasma
<input type="checkbox"/>	creatinine	Isotope dilution mass spectrometry	blood serum
<input type="checkbox"/>	creatinine	Isotope dilution mass spectrometry	urine
<input type="checkbox"/>	creatinine	Isotope dilution surface enhanced raman scattering	blood serum

RMP: 3 serum methods

↘ JCTLM Database

➔ [SURVEY FORM](#)

➔ [List of reference materials no longer listed in the JCTLM Database](#) 

➔ [List of reference measurement methods no longer listed in the JCTLM database](#) 


➔ [Contact us](#)

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➔ [JCTLM reference materials, measurement methods and laboratory services - Submission deadline extended to 31 May 2013](#)

↘ JCTLM

➔ [Overview](#) 

➔ [Joint Committee for Traceability in Laboratory Medicine \(JCTLM\)](#)

➔ [Leaflet](#) 

➔ **Your search criteria:** Reference measurement services; Analyte: creatinine; Analyte category: -; Matrix category: -

↘ Results of the search

Your search criteria produced 12 summary results.

Select one or several reference measurement service summary descriptions amongst the following list and click on 'View' to access more information.

➔ [Select all items from the list](#)

Sort by : Analyte Matrix or Material Service provider

Select	Analyte	Matrix or Material	Country	Service provider
<input type="checkbox"/>	creatinine	blood plasma	Germany	DGKL
<input type="checkbox"/>	creatinine	blood plasma	Germany	Instand e.V.
<input type="checkbox"/>	creatinine	blood plasma	Belgium	UGent
<input type="checkbox"/>	creatinine	blood serum	Germany	DGKL
<input type="checkbox"/>	creatinine	blood serum	Germany	Instand e.V.
<input type="checkbox"/>	creatinine	blood serum	France	LNE
<input type="checkbox"/>	creatinine	blood serum	Belgium	UGent
<input type="checkbox"/>	creatinine	blood serum	United Kingdom	WEQAS
<input type="checkbox"/>	creatinine	calibration solution	Germany	DGKL
<input type="checkbox"/>	creatinine	calibration solution	France	LNE
<input type="checkbox"/>	creatinine	urine	Germany	DGKL
<input type="checkbox"/>	creatinine	urine	Belgium	UGent

RMS: 5 laboratories

RELA Home

RELA 2012

Welcome

login

Registration/
Account

RELA in progress

order RELA 2013

enter RELA 2013
results

former RELA results

Choose year... ▾

All or choose Lab ... ▾

select lab analytes

full address

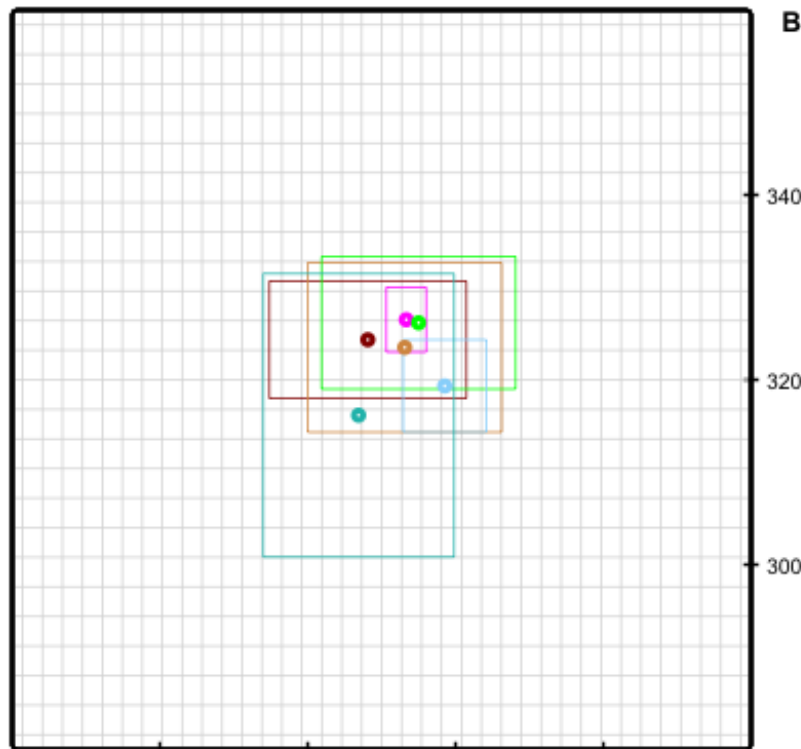
Creatinine ▾

show result plot

with limits of equivalence

For highlighting a specific result please click on the corresponding result line.

Creatinine



Labcode	A	e.u. A	B	e.u. B	Method
1	136,7	1,4	326,5	3,5	ID/LC/MS
12	134	6,66	324,3	6,31	enzymatic kinetic spectrophotometry
51	136,6	6,6	323,5	9,2	spectrophotometry
54	137,5	6,6	326,2	7,2	ID/LC/MS/MS
87	139,3	2,77	319,4	4,96	spectrophotometry
121	133,5	6,453	316,2	15,29	ID/LC/MS






2012

Lab 1: e.u. = 1.0%

Lab 54: e.u. = 4.8%

Lab 121: e.u. = 4.8%

Manufacturers

- Participated in LWG meetings
- Restandardised assays
 - Science – assay, reference intervals 
 - Manufacturing 
 - Regulatory requirements 
 - Change management 
 - End-user education 
- Costs >\$10 million per company
- Delivered by end 2008!

Instructions for Use (IFU)

Calibration

The serum calibrator creatinine value is traceable to the Isotope Dilution Mass Spectroscopy (IDMS) method via National Institute of Standards and Technology (NIST) Standard Reference Material (SRM) 967.



<u>OSR61204</u>	<u>CREATININE (ENZYMATIC)</u>	
	4 x 45 mL	R1
	4 x 15 mL	R2

eGFR: MDRD Equations

Levey AS, Bosch JP, Lewis JB, et al. A more accurate method to estimate glomerular filtration rate from serum creatinine: a new prediction equation. Modification of Diet in Renal Disease Study Group. *Ann Intern Med* 1999; 130: 461-470.

For “IDMS aligned” creatinine assays

The ~~175~~ abbreviated MDRD equation¹³

$$eGFR = \cancel{175} \times ([S_{CR}/88.4]^{-1.154}) \times (\text{age})^{-0.203} \times (0.742 \text{ if female}) \\ \times (1.210 \text{ if African-American})$$

where eGFR = estimated glomerular filtration rate (mL/min/1.73m²),
S_{CR} = serum creatinine concentration (μmol/L), and age is expressed
in years.

An automated calculator for MDRD-based eGFR can be found at
<<http://www.kidney.org.au>>.

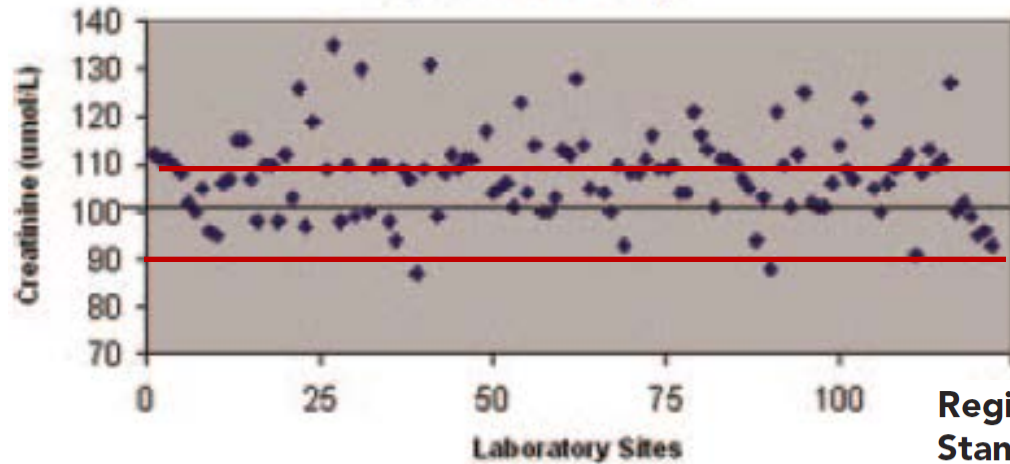
MDRD = Modification of Diet in Renal Disease.⁵

◆ MJA 2007

MJA ~~2005~~

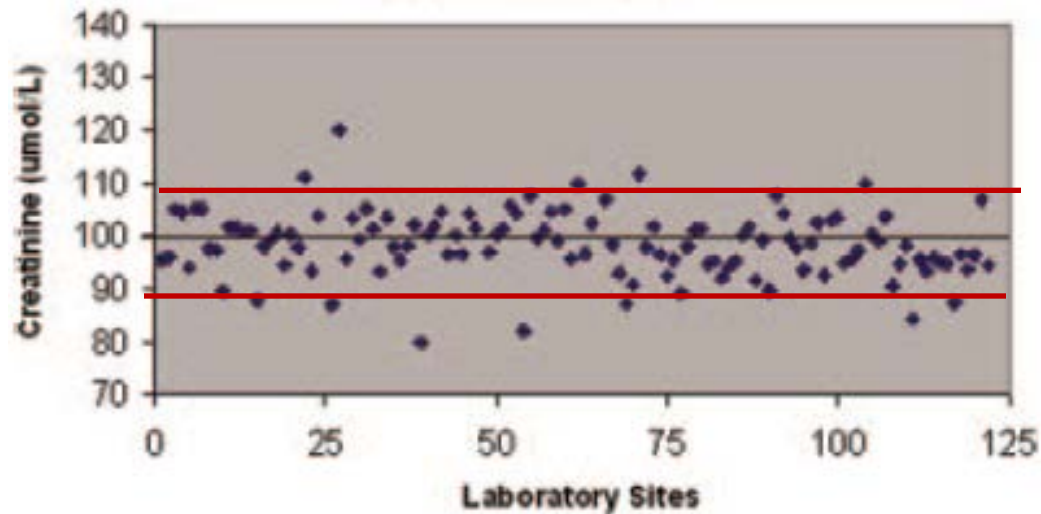
Interim Processes

- Laboratory-specific Factors for creatinine assays
- UKNEQAS – Sausages – Finlay McKenzie
 - Successfully Adopting UK NEQAS Slope Adjuster GFR Estimate Systems
- British Columbia, Canada

A**Creatinine Raw Data
(RV = 98.8 $\mu\text{mol/L}$)****Regional Implementation of Creatinine Measurement Standardization**

Paul Komenda,^{*†} Monica Beaulieu,^{*†} David Secombe,^{‡§} and Adeera Levin^{*†}

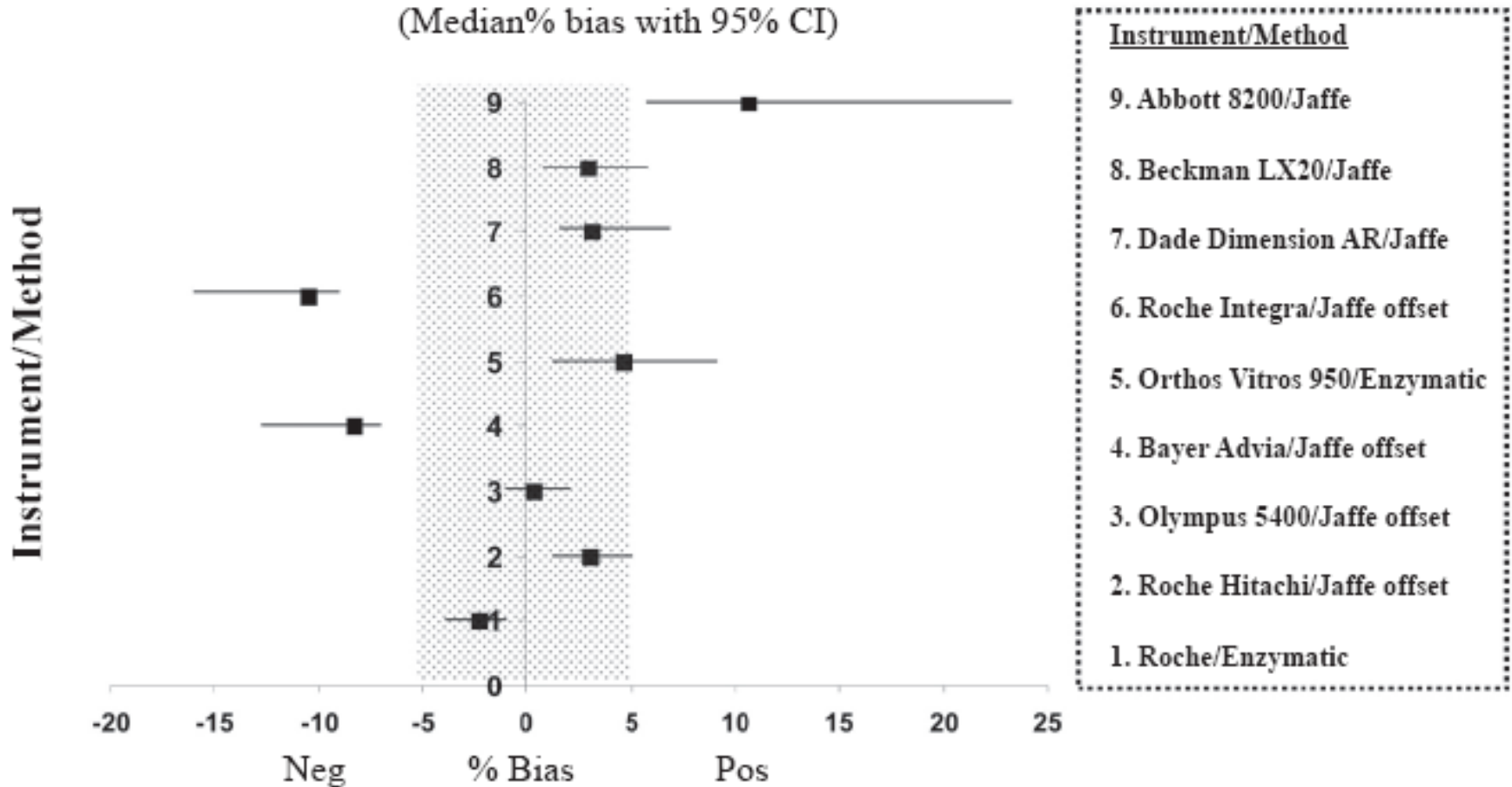
^{*}Department of Medicine, Division of Nephrology, and [†]Department of Pathology and Laboratory Medicine, University of British Columbia, [‡]British Columbia Renal Agency, and [§]Canadian External Quality Assessment Laboratory, Vancouver, British Columbia, Canada

B**Creatinine Corrected Data
(RV = 98.8 $\mu\text{mol/L}$)**

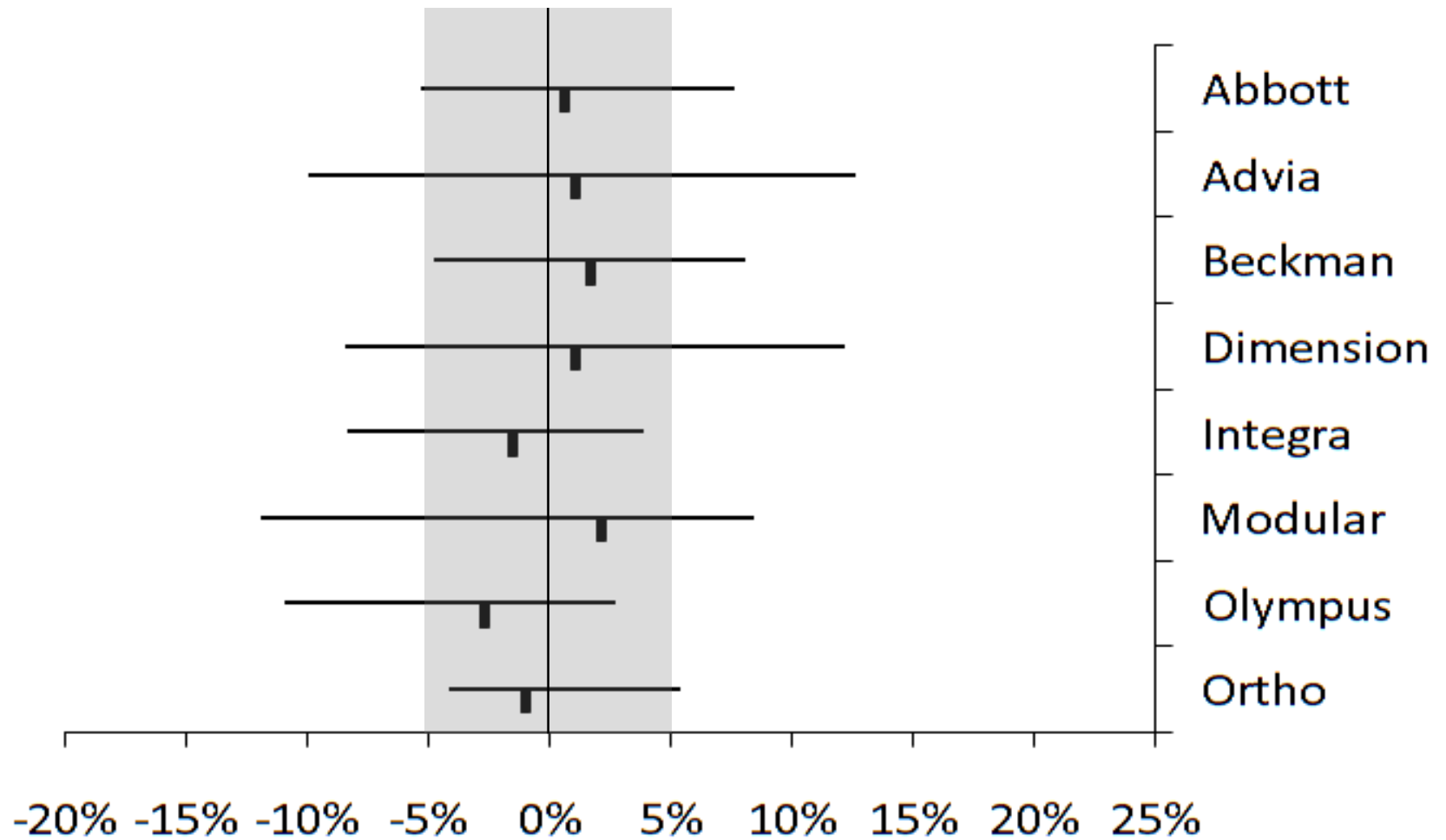
2006 Data Peake et al, Clin Biochem Revs

a. Creatinine Method Bias vs IDMS (Serum creat $\leq 150 \mu\text{mol/L}$)

(Median% bias with 95% CI)



2011 Data Thanks to Gus Coerbin and AACB



Creatinine bias – 20 samples, 8 methods, 22 laboratories

Reference Intervals for Serum Creatinine Concentrations: Assessment of Available Data for Global Application

Ferruccio Ceriotti,^{1*} James C. Boyd,² Gerhard Klein,³ Joseph Henny,⁴ Josep Queraltó,⁵ Veli Kairisto,⁶ and Mauro Panteghini,⁷ on behalf of the IFCC Committee on Reference Intervals and Decision Limits (C-RIDL)

Table 1. Published studies on serum creatinine reference intervals in adults using enzymatic assays traceable to the reference method.

	Mazzachi et al. (20)	Rustad et al. (21) and Mårtensson et al. (23)	Junge et al. (19)
Year	2000	2004	2004
Method	Roche	Various	Roche
Analytical system	Hitachi 917		Hitachi 717
Subjects			
Race	White	White	White
Source	Blood donors	Volunteers	Volunteers
Number and sex	293 M, 269 F	113 M, 137 F ^a	120 M, 120 F
Age, years	18–70	18–90	18–74
Fasting	Not reported	No	No
Statistical calculation	Nonparametric	Nonparametric	Non parametric
Reference intervals, $\mu\text{mol/L}$			
Men	59–104	60–105	64–104
Women	45–84	46–92	49–90
Reference intervals, mg/dL			
Men	0.67–1.18	0.68–1.19	0.72–1.18
Women	0.51–0.95	0.51–1.02	0.55–1.02
Influence of age	Not reported	No	No

^a Result obtained with enzymatic methods only. On the complete group of patients (1243 M, 1391 F), the application of the method correction factors as proposed by Mårtensson et al. (23) yielded the same reference intervals for men and 45–90 $\mu\text{mol/L}$ (0.51–1.02 mg/dL) for women.

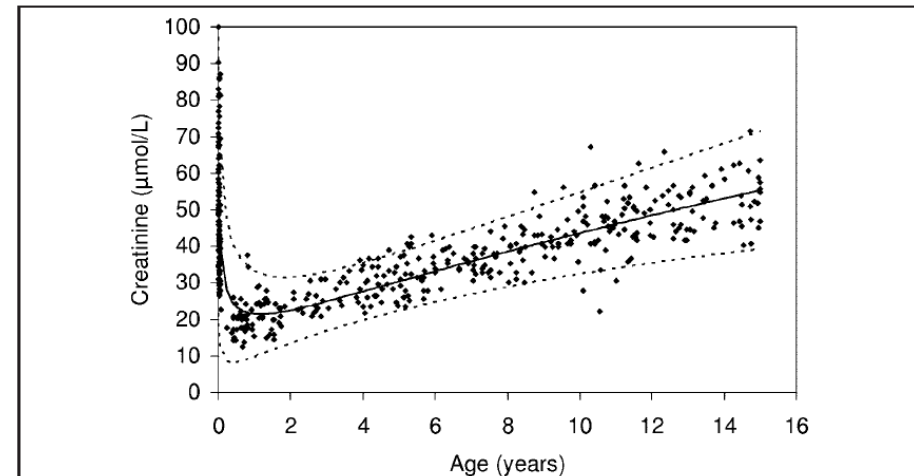


Fig. 1. Age-adjusted pediatric reference intervals.

Creatinine values are plotted vs age, the mean creatinine fitted from fractional polynomials is indicated by the solid line, and the dashed lines indicate the upper and lower reference limits (2.5th and 97.5th percentiles)

CKD-EPI Equation

- Chronic Kidney Disease Epidemiology Collaboration
- Collaboration of all major players
- Over 8000 subjects
- Wider range of ages, renal function ect

ARTICLE

Annals of Internal Medicine

A New Equation to Estimate Glomerular Filtration Rate

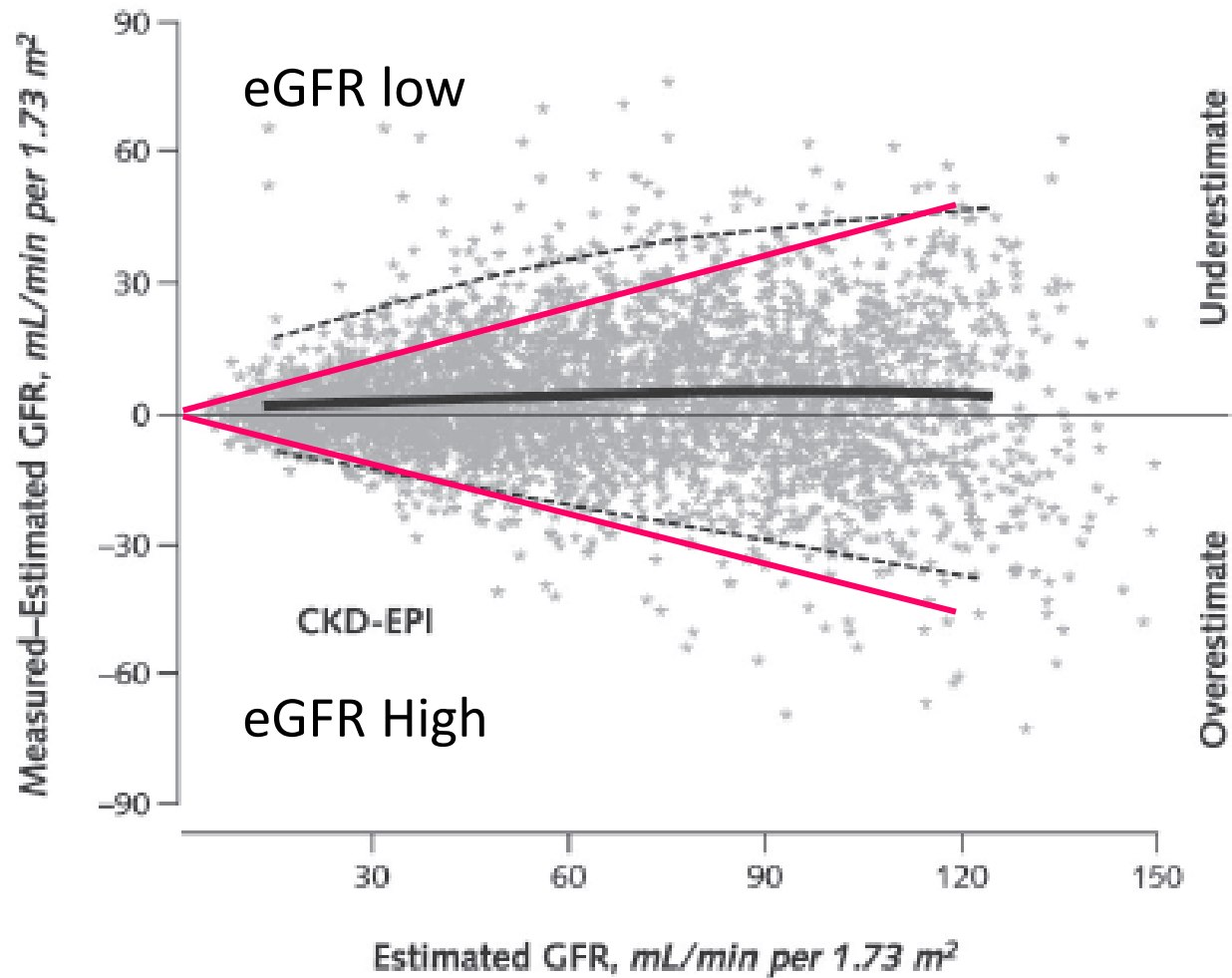
Andrew S. Levey, MD; Lesley A. Stevens, MD, MS; Christopher H. Schmid, PhD; Yaping (Lucy) Zhang, MS; Alejandro F. Castro III, MPH; Harold I. Feldman, MD, MSCE; John W. Kusek, PhD; Paul Eggers, PhD; Frederick Van Lente, PhD; Tom Greene, PhD; and Josef Coresh, MD, PhD, MHS, for the CKD-EPI (Chronic Kidney Disease Epidemiology Collaboration)*

Ann Intern Med. 2009;150:604-612.

Table 2. The CKD-EPI Equation for Estimating GFR on the Natural Scale*

Race and Sex	Serum Creatinine Level, $\mu\text{mol/L}$ (mg/dL)	Equation
<i>Ann Intern Med.</i> 2009;150:604-612.		
Black		
Female	≤ 62 (≤ 0.7)	$\text{GFR} = 166 \times (\text{Scr}/0.7)^{-0.329} \times (0.993)^{\text{Age}}$
	> 62 (> 0.7)	$\text{GFR} = 166 \times (\text{Scr}/0.7)^{-1.209} \times (0.993)^{\text{Age}}$
Male	≤ 80 (≤ 0.9)	$\text{GFR} = 163 \times (\text{Scr}/0.9)^{-0.411} \times (0.993)^{\text{Age}}$
	> 80 (> 0.9)	$\text{GFR} = 163 \times (\text{Scr}/0.9)^{-1.209} \times (0.993)^{\text{Age}}$
White or other		
Female	≤ 62 (≤ 0.7)	$\text{GFR} = 144 \times (\text{Scr}/0.7)^{-0.329} \times (0.993)^{\text{Age}}$
	> 62 (> 0.7)	$\text{GFR} = 144 \times (\text{Scr}/0.7)^{-1.209} \times (0.993)^{\text{Age}}$
Male	≤ 80 (≤ 0.9)	$\text{GFR} = 141 \times (\text{Scr}/0.9)^{-0.411} \times (0.993)^{\text{Age}}$
	> 80 (> 0.9)	$\text{GFR} = 141 \times (\text{Scr}/0.9)^{-1.209} \times (0.993)^{\text{Age}}$

CKD-EPI

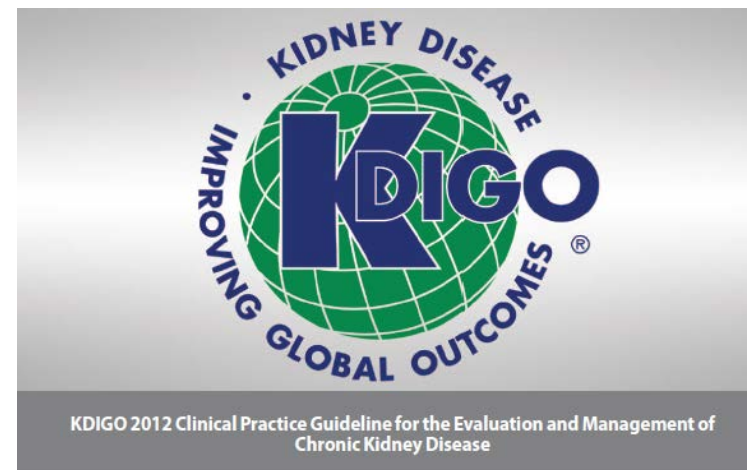


Ann Intern Med. 2009;150:604-612.

CKD-EPI

KDIGO - 2012

- **Recommends adoption of CKD-EPI formula for calculating eGFR**
- **Unless there is evidence of a superior equation**
- **Requires IDMS aligned creatinine assays**



5 Pillars of Traceability

- Reference Materials
- Reference Methods
- Reference Laboratories
- Reference intervals / decision points
- Traceable External Quality Assurance
 - (Mauro Panteghini)

National Measurement Institutes

primary calibrator

definition of (SI) unit

primary reference measurement

secondary reference measurement

manufacturer's working

Manufacturers

manufacturer's standing measurement

manufacturer's product calibrator

end-user's routine measurement

Laboratories

routine sample

RESULT

Professional Organisations

2010

- Victory declared!

or was it.....

Prime Time for Enzymatic Creatinine Methods in Pediatrics

Problem: Interferences

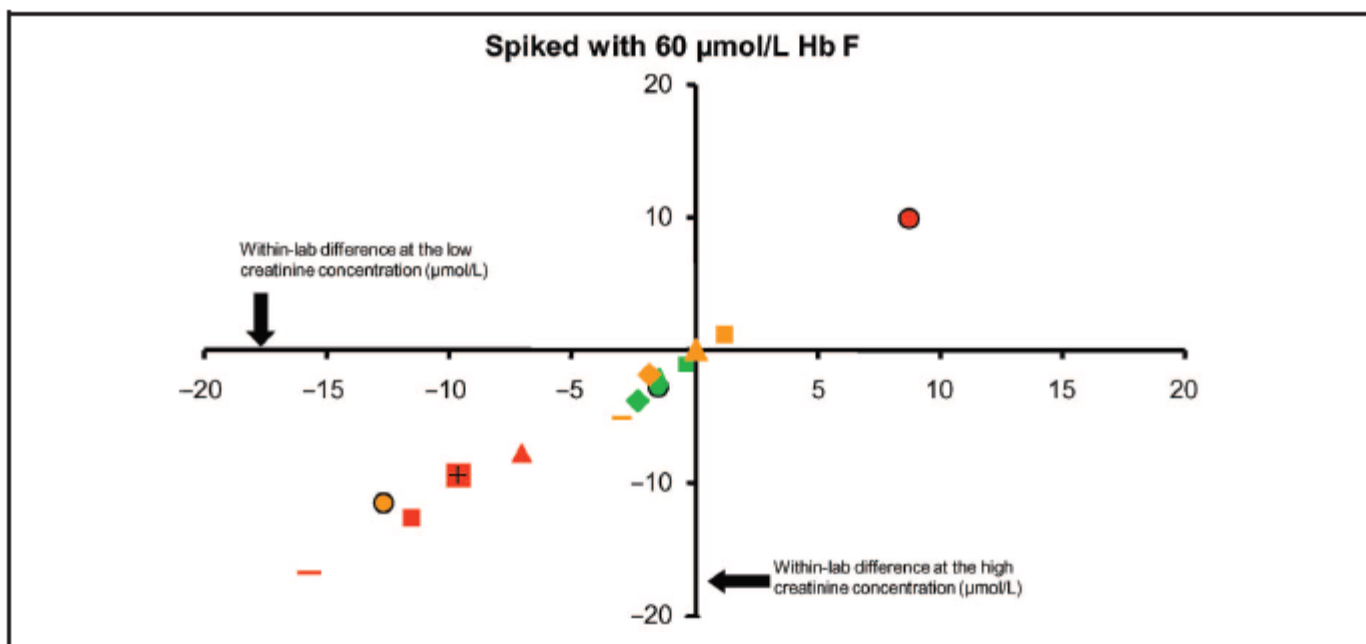
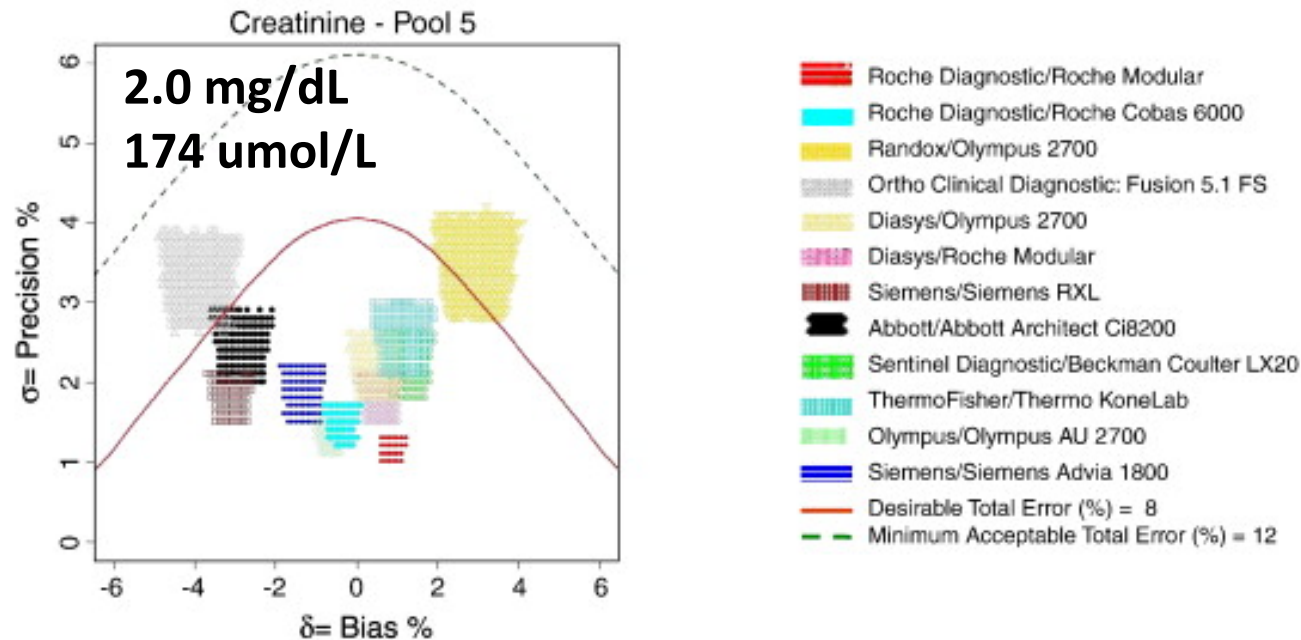
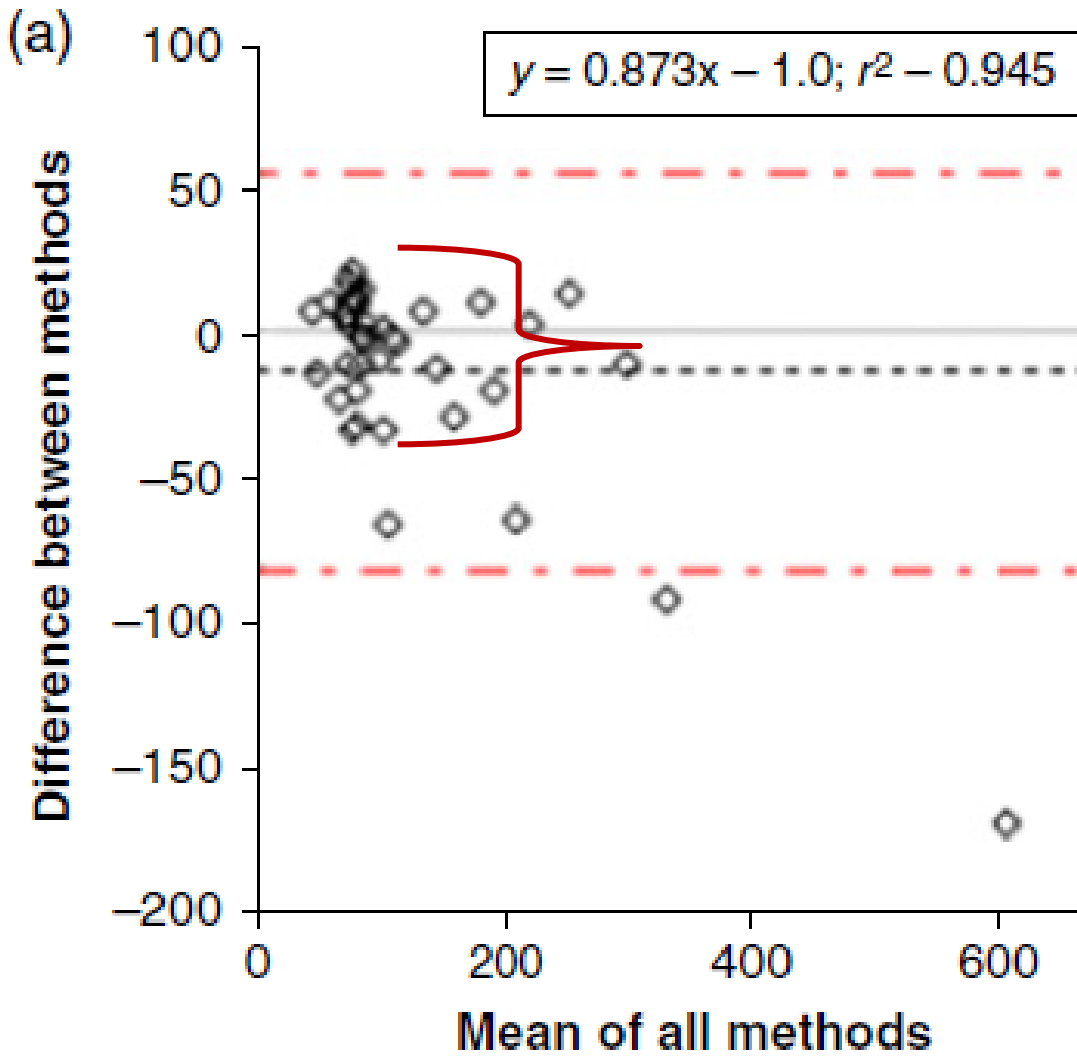


Fig. 5. Scattergram of differences in within-laboratory serum creatinine concentration between human Hb F–spiked and unspiked samples at low creatinine (x axis) and high creatinine (y axis) concentrations.

Within-laboratory differences between human Hb F–spiked and unspiked samples are grouped by method–analyzer combination (see legend to Fig. 1 for symbol definitions; green, red, and orange symbols indicate enzymatic, compensated Jaffe, and uncompensated Jaffe method–analyzer combinations, respectively). Data are presented as mean differences and are calculated from the individual laboratory data.

Problem: Low creatinine concentrations





**-20 to + 30%
(outliers removed)**

Nova Statstrip LH whole blood



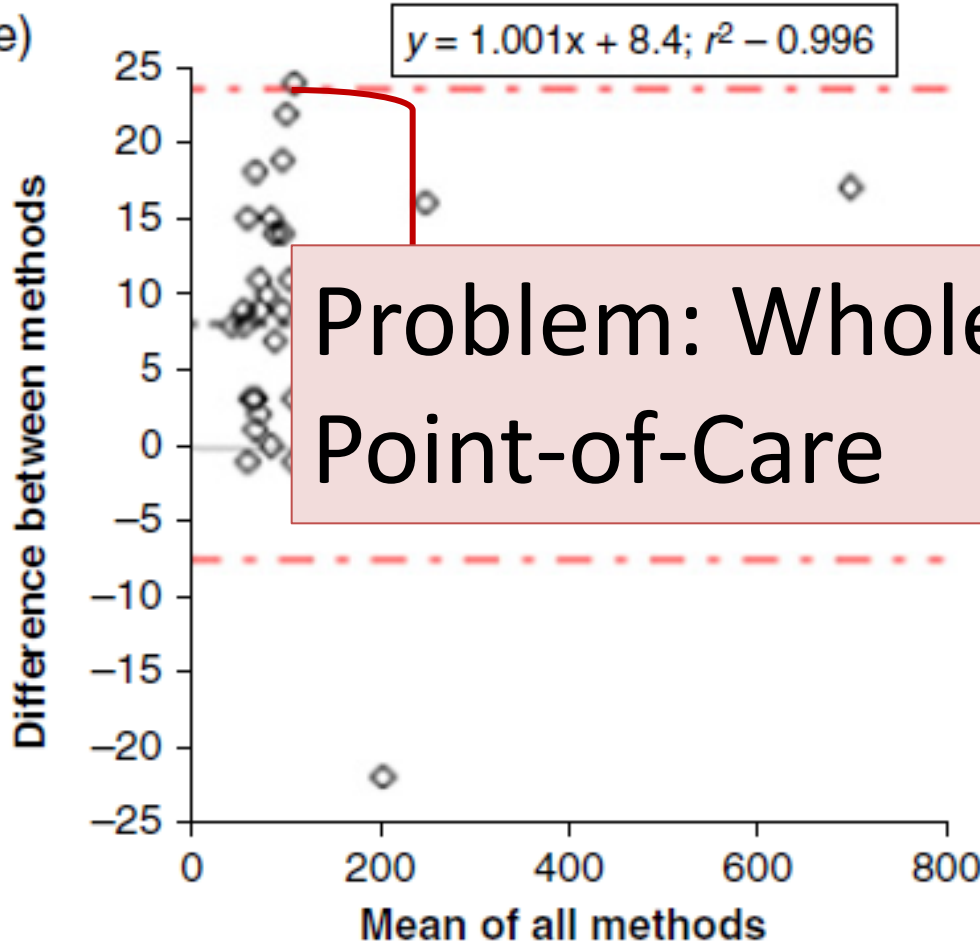
Ann Clin Biochem 2013; 50: 47–52.

Original Article

Which point-of-care creatinine analyser for radiology: direct comparison of the i-Stat and StatStrip creatinine methods with different sample types

Goce Dimeski, Vera Tilley, Brock W Jones and Nigel N Brown
 Pathology Queensland, Chemical Pathology, Princess Alexandra Hospital, Ipswich Road, Wootoongabba, Brisbane, QLD 4102, Australia
 Corresponding author: Goce Dimeski. Email: goce_dimeski@health.qld.gov.au

(e)



-2 to + 24%
(outlier removed)



i-STAT LH whole blood

Original Article

Which point-of-care creatinine analyser for radiology: direct comparison of the i-Stat and StatStrip creatinine methods with different sample types

Ann Clin Biochem 2013; 50: 47–52.

Goce Dimeski, Vera Tilley, Brock W Jones and Nigel N Brown
Pathology Queensland, Chemical Pathology, Princess Alexandra Hospital, Ipswich Road, Wooloongabba, Brisbane, QLD 4102, Australia
Corresponding author: Goce Dimeski. Email: goce_dimeski@health.qld.gov.au

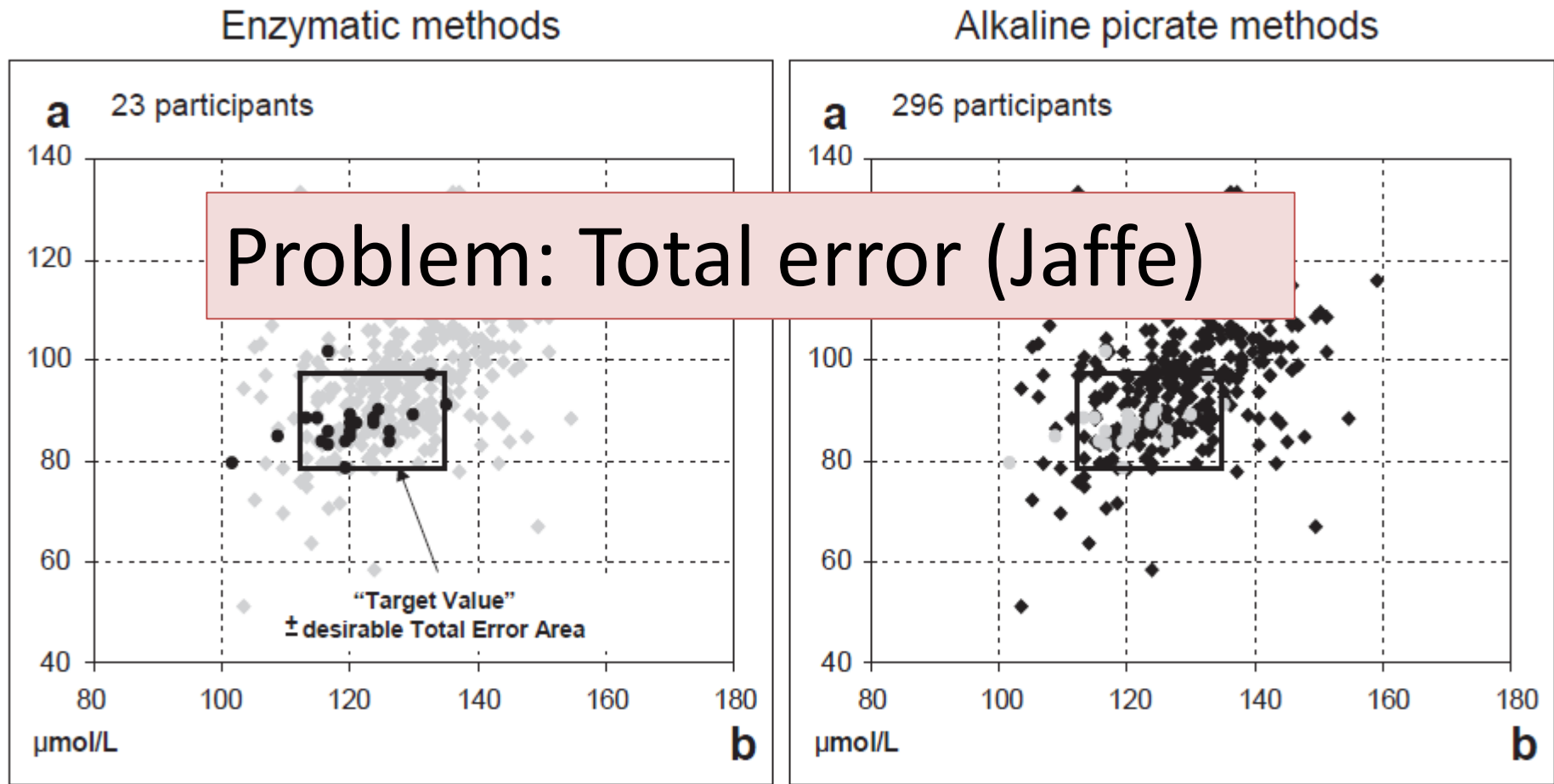


Fig. 2. Youden plots for creatinine results of control materials B 2011 (a) and D 2011 (b) by individual laboratories participating in EQAS Prolarit.

2014



IFU (Egypt)

Assay Principle

Creatinine reacts with picric acid under alkaline condition to form a yellow-red complex. The absorbance of the color produced, measured at a wavelength 492 nm, is directly proportional to creatinine concentration in the sample.



Reagents

Standard (ST)

2 mg/dL

177 $\mu\text{mol/L}$

Reagent (R)

Picric acid

25 mmol/L

Sodium hydroxide

0.4 mol/L

Creatinine assays

- IDMS aligned: Abbott. Beckman-Coulter.

Problems: Non-standardised assays
Inadequate information

- Internet Search (2013):
- 53 manufacturers; 85 assays
 - “IDMS” traceable 13
 - Calibrator traceable 16
 - Calibrator Value 19
 - No calibrator 10
 - Uncertain 27

**Most assays either
not traceable
or unable to tell**

Ongoing Issues

- Good assays available for adults
 - Traceable enzymatic assays
 - Cost is major factor
- Reasonable assays available for adults
 - Traceable Jaffe assays
- Improvements required
 - Paediatrics (accuracy, interferences)
 - Whole blood assays
 - Developing world (assays, assay information)

Creatinine – the lessons

- Traceability for routine tests is possible
- Even for “simple” analytes, it is difficult
- It requires collaboration between:
 - Metrology
 - Clinical Laboratory Science
 - Clinical groups
 - Manufacturers
 - EQA Providers
 - Regulators business
- The people and the organisations

CKD Task Force

- International Federation of Clinical Chemistry and Laboratory Medicine (IFCC)
- World Association of Societies of Pathology and Laboratory Medicine (WASPLM)
- Goal:
- To help national organisations implement best practice programs for CKD management

